Student Health and Well-being: Transforming Sexual Health Services in Universities and FE Colleges

A Public Policy Exchange Symposium

Tuesday 24th June 2014
10:15am – 4:30pm

Central London

Public Policy Exchange holds regular interactive seminars which provide an invaluable interface for policy discussion, debate and networking. These special events offer local practitioners, civil servants and other stakeholders not only an insight into current policy thinking, but also the opportunity to feed into future development across all areas of public policy.
Student Health and Well-being:  
Transforming Sexual Health Services in Universities and FE Colleges

Overview

Most people become sexually active and start forming relationships between the ages of 16 and 24. Young people in these age groups have significantly higher rates of poor sexual health than older people; figures indicate that young people aged 16-24 account for over half of STIs diagnosed and in 2011, women aged 20 had the highest abortion rate at 33 in every 1000.

Further education colleges, sixth form colleges and universities are key settings to improve young people's access to sexual health services. However, whilst much work is being done to support good sexual health, the quality of service provision remains patchy. A 2013 survey highlighted that whilst most Russell Group universities offered good access to condoms and chlamydia testing, the promotion of sexual health issues on campus and the availability of information for students was often poor. With only three universities achieving a 'first' for their sexual health facilities, the survey underlined the need to deliver standardised sexual health services for all students across the country.

The Government's 'Framework for Sexual Health Improvement in England' (March 2013) stresses that young people must have rapid access to confidential, integrated sexual health services at a time and setting convenient to them. NICE guidance published in March 2014 also underlines the need for under-25s to be able to access emergency contraception more easily and for free contraception to be readily available for both men and women in colleges, schools and youth clubs.

As part of the Government's public health reforms, in April 2013 local authorities assumed responsibility for commissioning most sexual health services and delivering three key Public Health Outcomes Framework (PHOF) indicators; under-18 conceptions; chlamydia diagnoses in 15–24 year-olds; and people presenting with HIV at a late stage of infection. Health and Wellbeing Boards will deliver a joined-up approach to public health; ensuring sexual health issues are considered alongside decisions made on education and transport, for instance. It is vital that colleges and universities work with local sexual health providers and local authorities to ensure young people have access to accurate, high quality and timely sexual health and relationship information that promotes healthy choices, personal resilience and self-esteem.

One year after the changes to the delivery of sexual health services were introduced, this timely symposium offers a valuable opportunity for universities, FE colleges, sixth form colleges, local authorities and sexual health providers to consider how services and interventions can better meet the sexual health needs of young people within their student community.

It is really important that sexual health services offering information and advice can be found in places where young people have access to them. Evidence clearly shows that the availability of contraception reduces the rate of unwanted pregnancies. Local planners and providers of services must make sure that what they offer is right for their area. Young people [up to the age of 25] often find contraceptive services and advice difficult to locate... They may not know where services are, who provides them or when they are open... For that reason, this guidance focuses on ensuring they receive culturally sensitive, confidential, non-judgmental and empathic advice and support tailored to their individual needs.”

- Professor Mike Kelly, Director, Centre for Public Health, Nice, March 2014

Why Attend?

✓ Examine the next steps to improve the sexual health of young people within the context of the new public health and sexual health frameworks

✓ Consider how universities, FE colleges and local authorities can work in partnership to better meet the sexual health needs of their student population, including access to contraception, information and advice services

✓ Assess how to tackle risky behaviour amongst students, addressing the impact of alcohol and drugs

✓ Explore how to reduce STI rates and unwanted pregnancies through better access to, and use of, contraception and treatment services

Who Should Attend?

• Universities and Further Education Colleges
• Education Authorities
• Central Government Departments and Councils
• Directors of Student and Residential Services
• Student Welfare Teams
• Student Support Services
• Health and Wellbeing Boards
• Public Health Practitioners
• Teenage Pregnancy Co-ordinators and Advisors
• Sexual Health Strategy Co-ordinators
• Sexual Health Treatment/Advisory Services
• Sexual Health Support and Outreach Services
• GUM Clinics
• Pharmacists
• Drug and Alcohol Action Teams
• NHS Organisations
• NHS Training Departments
• Public Health England
• NHS Commissioners
• Health Promotion Advisers and Health Improvement Teams
• Health Visitors
• Teachers and Senior Schools Staff
• Counselling Services
• Health Promotion Advisers
• Family Planning Clinics and Specialists
• Preventative Health Professionals
• Primary Care Trusts
• Private Health Services
• Public Health Observatories
• Heads of Innovation and Development
• Heads of Procurement
• Heads of Quality and Patient Safety
• Directors of Adult Social Services
• Family Health Teams and Outreach Workers
• Family Nurse Partnerships
• Independent Healthcare Providers
• Integrated Disabled Services
• Maternity Care and Midwifery Organisations
• Mental Health Practitioners
• School Nurses
• Strategic Health Authorities
• Third Sector Practitioners, Voluntary and Community Organisations
• Equality, Diversity and Human Rights Practitioners
• Local Authorities and Councillors
• Central Government Departments and Agencies
• Academics

Accommodation

Through our partnership with HotelMap, we are able to offer our delegates heavily discounted hotel rates at a wide range of London hotels. To view hotel availability and rates and to book online, visit www.HotelMap.com/M5NUZ/

Alternatively, if you would like to book your accommodation by phone, you can call Daniel Spinner at HotelMap, on 020 7292 2335 quoting Special Reference Code M5NUZ.

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Student Health and Well-being: Transforming Sexual Health Services in Universities and FE Colleges

Programme

09:30  Registration and Morning Refreshments
10:15  Chair's Welcome and Introduction
10:30  Panel Session One: Addressing Gaps, Building Capacity – Achieving 'First Class' Sexual Health Services at Universities and Colleges
   • Improving Young People’s Sexual Health (SH) within a Changing Service Delivery Landscape – Examining the Impact of the New Public Health and Sexual Health Frameworks One Year On
   • Commissioning SH Services - Promoting Integration, Quality, Value for Money and Innovation, Developing Effective JSNAs and JHWSs
   • Meeting the Needs of Local Students – Delivering an Effective, Easily and Quickly Accessible, Confidential SH Service that Fits in With Young People’s Lives
   • Building Confidence and Expertise Amongst Health Professionals and Student Welfare Teams, Utilising Technology and Social Media in Health Promotion and Education
   • Strengthening Partnership Working between Universities, FE Colleges, Local Authorities, Health and Wellbeing Boards and SH Service Providers

11:15  Morning Refreshments
11:30  Open Floor Discussion and Debate with Panel One
12:30  Networking Lunch
13:30  Panel Session Two: Challenging Risky Behaviour on Campus – Raising Awareness of Safe Sex through Information, Education and Advice
   • Providing Comprehensive Information and Advice – Increasing Understanding of the Issues Around Consent, Unprotected Sex and the Benefits of Stable Relationships
   • Tackling Risky Behaviour – Addressing the Impact of Alcohol and Drugs on Sexual Behaviour
   • Reducing STI and HIV Rates – Increasing Awareness and Uptake of Testing, Improving Diagnosis, Treatment and Partner Notification
   • Preventing Unwanted Pregnancies and Repeat Conceptions – Improving the Use of Contraception and Supporting Women to Make Informed Choices
   • Targeting and Meeting the Needs of Gay and Bi-Sexual Students and Hard-to-Reach Students

14:15  Afternoon Refreshments
14:30  Open Floor Discussion and Debate with Panel Two
15:30  Chair’s Summary and Closing Comments
15:40  Networking Reception

Event Details

Date:  Tuesday 24th June 2014
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Venue:  Central London

Forthcoming Events

Improving Local Road and Highway Maintenance: Towards a Long-Term Approach on Potholes
7th May 2014
Recruiting Non-UK Nationals through the Points Based System: Ensuring Your Organisation is Compliant
8th May 2014
Change for Good: Overhauling the NHS Complaints System
14th May 2014
Strengthening UK Cyber Security: Working in Partnership to Reduce Risk in the Digital Age
15th May 2014
Improving Housing Support for Older and Vulnerable People
20th May 2014
The Future of Local Libraries and Cultural Services
3rd June 2014
Community Cohesion and Social Inclusion: Strengthening Partnership Working Between Local Authorities and Voluntary and Faith Groups
10th June 2014
Driving Quality and Improvement: Reforming School Governance
11th June 2014
Improving Outcomes for Young Care Leavers
12th June 2014
Testing Times for Food Standards: Clamping Down on Fakes, Fraud and Mislabelling
17th June 2014
Tackling Violence Against Women and Girls: Supporting Victims through Partnership, Provision and Protection
18th June 2014
Warmer, Healthier and Fairer: Towards a New Framework for Tackling Fuel Poverty
19th June 2014
Fulfilling our Commitment to the Armed Services Community: The Challenge for Local Authorities
24th June 2014
Surveillance by Consent: A New Code of Practice for CCTV and ANPR
3rd July 2014

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For further information please contact Parvin Madahar on 020 3137 8630 or email parvin.madahar@publicpolicyexchange.co.uk

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Conference materials

If you are unable to attend the conference but would like to receive the supporting documentation, then please send back this form with payment details and indicate the number of copies you would like to receive. (PDF = £95 & VAT, Hard Copy = £95 (VAT not applicable).

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Signed

Date

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